



# Make Your Fitness Program Membership Work for You!

## The Fitness Program gives you flexible options to help you live a healthy lifestyle.

As a TRS-ActiveCare participant, the Fitness Program is available exclusively to you and your covered dependents (age 16 and older).\* The program gives you access to a nationwide network of fitness locations. When you feel comfortable returning to a gym, you can choose a location close to home or work and visit locations while traveling.

Because of COVID-19, first make sure that a gym is operating under state, federal and local health and safety guidelines before committing to it to help reduce your risk of exposure.

	Basic	Standard	Plus	Elite
Monthly Fee	\$19	\$29	\$39	\$99
Gym Facility Network Size†	3,000	7,500	12,000	12,400

- **Studio Class Network:** Boutique-style classes and specialty gyms with a pay-as-you-go option and 30% off every 10th class.
- **Family Friendly:** Expanded gym access to your covered dependents, at a discount.
- **Convenient Payment:** Monthly fees are paid via automatic credit card or bank account withdrawals.

\*Individuals must be 18 years old to purchase a membership. Dependents, 16-17 years old, can join but must be accompanied to the location by a parent/guardian who is also a Fitness Program member. Check your preferred location to see their membership age policy. Underage dependents can login and join through the primary member's account as an "additional member."

\*\*Taxes may apply. Individuals must be at least 18 years old to purchase a membership.

\*\*\*Member agrees to comply with all applicable federal, state and local laws, including making all disclosures and paying all taxes with respect to their receipt of any reward.

Blue Points Program Rules are subject to change without prior notice. See the Program Rules on the Well onTarget Member Wellness Portal for more information.

The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness locations. The Prime Network is made up of independently owned and operated fitness locations. WholeHealth Living is an online discount program owned and operated by Tivity Health.